

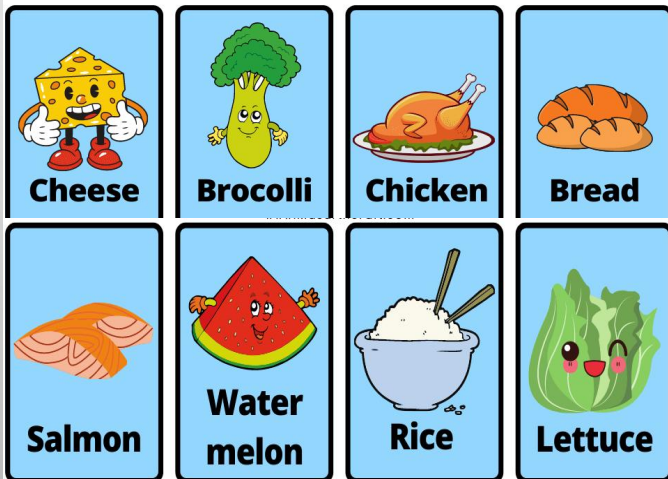


## WORK PLAN FOR THE MONTH OF JULY 2024 -25

**Montessori Department**  
**Class: Pre School**

Theme – Water And Food

Social Skill/Value/Basic Courtesies & Manners-Politeness and Truthfulness



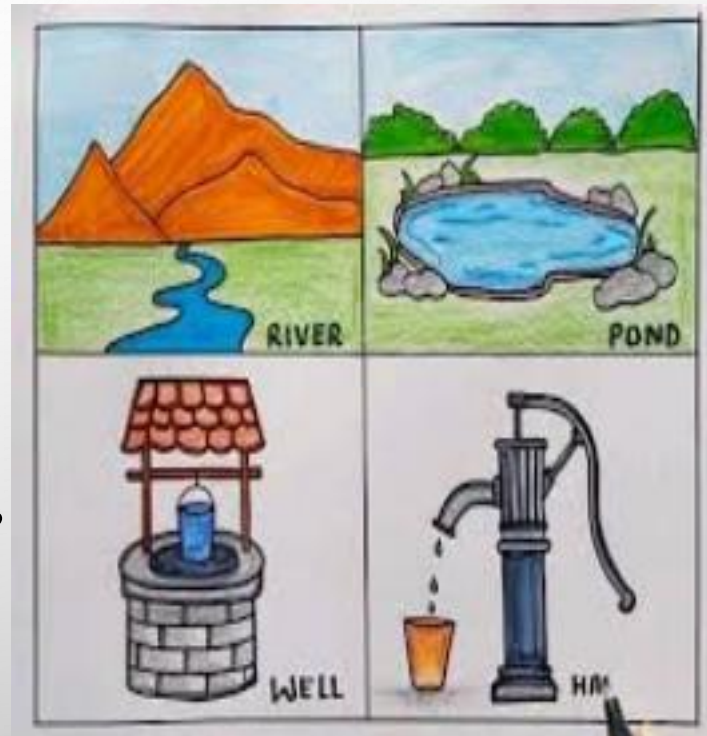
# Topics to be covered

## Food –

- Varieties of food
- Am I eating right to keep healthy
- The right eating habits
- Where do we get food from?
- Difference between raw & cooked food
- Role of farmer, green grocer, fruit seller, milkman, baker etc.
- What makes food tasty – role of spices, salt, sugar etc.

## Water –

- Difference between natural & man-made sources of water
- Rain – the process & significance
- Effect of rain on plants, animals, insects, roads, vehicles, grass, houses & buildings
- Why should water be saved?



# Literacy Development (English)

## ❖ Reading Readiness Activities

- Conversing with the class group by using these words on a daily basis consciously & as frequently as possible.
- Theme related vocabulary words: tap, clean, dirty, lake, fresh, bake, stale, well, plants, animals, etc.
- Picture Book Reading (moving fingers from left to right and top to bottom).
- Reading aloud CVC words with vowel 'a' e.g.: - cat, dad, pan, etc.
- Sight words - that, they, this

## ❖ Writing Readiness Activities

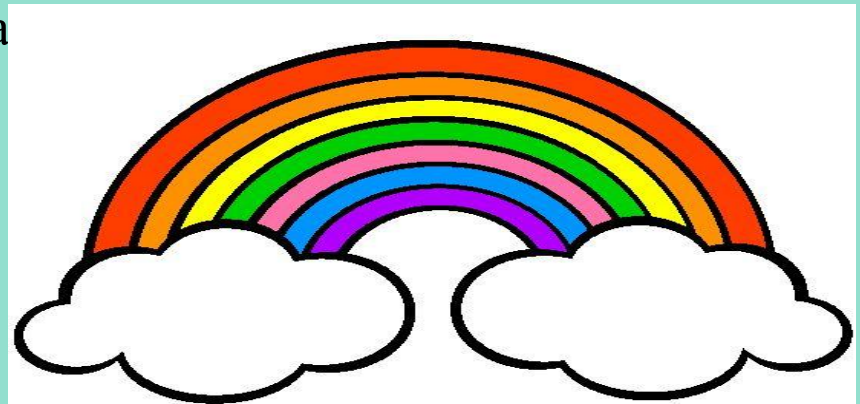
- Air Tracing , Tray Tracing and intera

## ❖ Montessori Apparatus

- Sand Paper Letters

## ❖ Rhymes

- Rainbow
- School Song
- Be Good
- Five Corn Buns

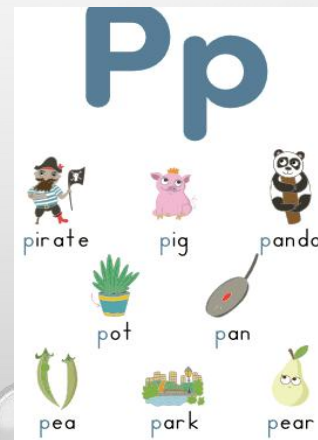
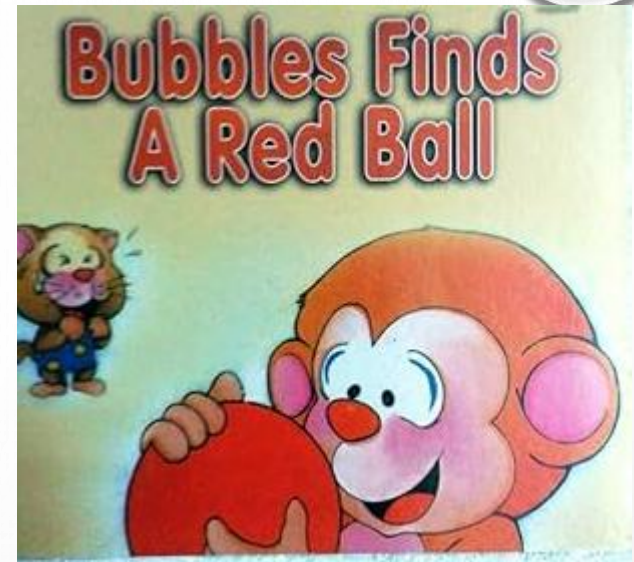


## ❖ Story

- Story on magical words
- Bubbles finds a red ball

## ❖ Writing Development

- Revision of previous Letters.
- Development of postural control based on simple exercises.
- Letters – Ss, Jj, Pp, Yy



## ❖ Literacy Development (Hindi)

- बच्चों को नियमित एवम स्वतन्त्र रूप स शब्द का अर्थ सिखाया जाएगा, उन्हें कैसे उपयोग करें और कैसे अपना वाक्य बनाने के लिए प्रोत्साहित किया जायेगा ।
- शब्दावली कीटाणू, स्वच्छ,साफ-सफाई, भोजनालय, सर्मुद्र, नदी, द्वीप, तूफान, भाप, प्रदषूण, आदि
- बच्चों को सरल कहानियाँ सुनाया जाएगा ।

## ❖ Writing Development

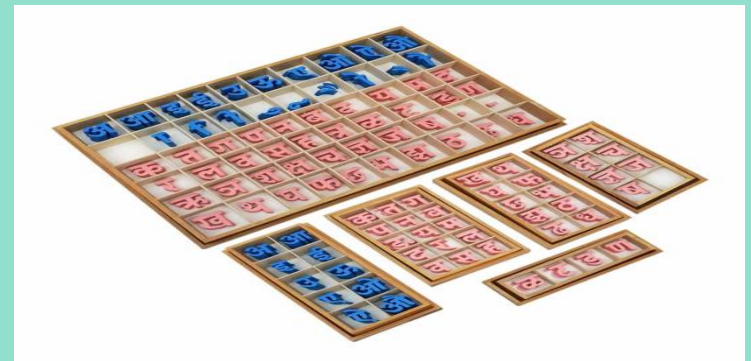
- लिखित अभ्यास – प, म, न, ग, ल
- बच्चों को दो अक्षरों को जोड़ कर नए शब्दों को बनाने एवं पढ़ने का अभ्यास करवाया जाएगा - बल, नल, वन

## ❖ Montessori Apparatus –

- Hindi Movable Box I & II,
- चल अक्षर माला पेटी

## ❖ Rhyme

- मेरी बिल्ली
- आस पास की सैर
- अगड़म बगड़म



# Numeracy

- Building blocks
- Puzzles (odd one out)
- Days of the week
- Shapes: - Heart
- Pre-number concept Hot & Cold
- Oral counting 1-30
- Number recognition (16- 20)

Heart  
Shape



## ❖ Writing Development:

- Writing of numbers (1- 20)
- What comes after?

## ❖ Montessori Apparatus-

Seguin Board I & II, Cards and Shells



# Behavioral Skills

- Correct manners for eating food
- Mannerism for drinking water, summer drinks
- Packing a simple tiffin once a week for oneself
- Poise - 'Silence Lesson' (Arrival & Dispersal)

# Values

- NOT TO WASTE FOOD & WATER
- APPRECIATING FOOD & WATER
- CARE

# Project / Experiential learning (Collaboration):

- Preparing a project depicting healthy food (cutting & pasting ...preferably in the class)



# Motor Activities

## ❖ Gross Motor Activities

- Dancing
- Cycling
- Outdoor Games
- Bubble Play
- Swimming



## ❖ Fine Motor Activities

- Art and Painting
- Playing Dough
- Getting Dressed
- Solve Puzzles
- Sponge Play





Disclaimer: The images shown in  
the work plan are only for  
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